



# St Mary's Island Shotokan Karate Club

## NEW Beginners Classes

Starting Monday 21st March 2022

Classes from 5.45pm

Children Aged 5 to 18 - £6.50 per session

**St Mary's Island Community Centre**

Chatham ME4 3EP

Club Instructor Sensei Tina Connor 3<sup>rd</sup> Dan KSKC

- ✓ Quality Shotokan Karate Instruction
- ✓ Teaching discipline
- ✓ Encouraging Respect & Positive Behaviour
- ✓ Building confidence in todays Society
- ✓ Contributing towards Fitness & Healthy Living
- ✓ Learn a New Art
- ✓ Enjoy Making New Friends



**To Register for a space on our Open Evening please Contact Tina Connor**  
**stmarys-karateclub@hotmail.com – 07801 540014 – Or Visit on the day at 5.45pm**



Part of KSKC Karate Clubs - Chief Instructor Glen Wright 7<sup>th</sup> Dan  
Established 1981 - Over 40 years of Experience  
A Professional Organisation Teaching Traditional Shotokan Karate  
Fully Insured - First Aid Certified